



GASTROENTEROLOGY CONSULTANTS OF NORTHERN VIRGINIA
CHARLES J. HUH, M.D.
3650 Joseph Siewick Drive, Suite 107
Fairfax, VA 22033
703-262-0200 Fax: 703-262-0211

Patient instruction for upper endoscopy (EGD) or ERCP

Avoid aspirin, Plavix, or ibuprofen products (Motrin, Advil, Aleve, Naproxen, etc.) for five (5) days prior to your procedure. These products will cause problems with clotting of the blood and *may* increase your risk of bleeding after the procedure. If you are on Coumadin (warfarin), ask your physician for special instructions.

1. Do not eat or drink anything seven (7) hours prior to your procedure.
2. If you take blood pressure pills in the morning, you may take them as scheduled with sips of water. If you are diabetic, hold your medication on the morning of the procedure.
3. **Please arrange for someone to come with you. Please make sure that your ride stays during the whole duration of the procedure. This is required by the facility.**

Location: Northern Virginia Surgery Center
3620 Joseph Siewick Drive, Suite#202
Fairfax, VA 22033

Procedure Date: _____

Procedure Time: _____

Arrival Time: _____

** You must arrive at the surgery center **1 hour** before your procedure time.

PLEASE BRING YOUR INSURANCE & IDENTIFICATION CARD.

If you need to reschedule or cancel this appointment, please give us **seven (7) business day notices at our main office (703)262-0200 or it will be **\$150 fee**.